

THE PAGE TURNER

702 E. Front Ave. Coeur d'Alene, ID 83814-4012 | 208-769-2315 | Website: cdalibrary.org Email: communications@cdalibrary.org



SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
01 CLOSED FOR LABOR DAY	02 CLOSED FOR LABOR DAY	03 10 am Tai Chi & Qi Gong	04 9-4 pm Work Force Wednesday 10 am Stronger in Body & Mind 4-5:15 pm Japanese 101: Katakana	05 12-3 pm Community Sew-In 4-6 pm Lawyer in the Library	06 9:30 am Yoga for You!	07 10:30 pm Meditation for a Peaceful Mind 1-3 pm Floral Impressions: tote craft
Children's Take & Make Crafts Library Food Drive						
08 --	09 9:30 am Yoga for You! 10:30-12 pm Paws to Read 1-2:30 pm Job Skills Clinic 2 & 5 pm Scribbler's Society Writing Club 6-7:30 pm Music on Mondays	10 10 am Tai Chi & Qi Gong	11 10 am Stronger in Body & Mind 3-4:30 pm Medicare Workshops: Medicare 101 & 201 5:30 pm History Hour	12 12-3 pm Community Sew-In 1 & 4 pm National Park Explorers	13 9:30 am Yoga for You!	14 3-4:30 pm Ukulele Club
Children's Take & Make Crafts Library Food Drive						
15 --	16 9:30 am Yoga for You!	17 9 & 11 am Autumn Baby Storytime 10 am Tai Chi & Qi Gong 1:30 pm Medicare Workshops: Medicare Annual Enrollment 4 pm From Books to Bricks 4 pm In a Teen Zone Minute	18 10 am Stronger in Body & Mind 11 am Sit-n-Stitch Sign up for the Saturday Puzzle Race starting today	19 9 & 11 am Autumn Toddler Storytime 12-3 pm Community Sew-In 1 & 4 pm American Girl of the Month Club	20 9 & 11 am Autumn Pre-K Storytime 6 pm Pajama Storytime 9:30 am Yoga for You!	21 11 am Saturday with the Symphony: A Children's Program 2-5 pm Walking the Labyrinth
Library Food Drive						Stuffie Sleepover at the Library
22 --	23 9:30 am Yoga for You! 2 & 5 pm Scribbler's Society Writing Club 3:30-5 pm Paws to Read 6-7:30 pm Music on Mondays	24 9&11 am Baby Storytime 10:30 am Friends of the Library meeting 10 am Tai Chi/Qi Gong 1-4 pm NI Job and Resource Fair 4 pm From Books to Bricks 4 pm Teen Volunteer Meetups 4 pm In a TZ Minute 5 pm Medicare 101	25 10:15 am Pageturners Book Club 4-5:15 pm Japanese 101: Katakana 4 pm Board of Trustees meeting	26 9 & 11 am Autumn Toddler Storytime 12-3 pm Community Sew-In 4 pm Teen Volunteer Meetups 5:30 pm History Hour	27 9 & 11 am Autumn Pre-K Storytime 9:30 am Yoga for You! 4 pm Teen Volunteer Meetups	28 10:30 am Writers Immersion Workshop 2-4 pm Saturday Puzzle Race
Library Food Drive						
29 --	30 9:30 am Yoga for You!	01 9 & 11 am Autumn Baby Storytime 10 am Tai Chi & Qi Gong 4 pm From Books to Bricks 4 pm In a Teen Zone Minute ID Teen Reading Challenge Begins	02 10 am Stronger in Body & Mind	03 9 & 11 am Autumn Toddler Storytime 10-5 Craft Supply Swap Drop-off 12-3 pm Community Sew-In 4-6 pm Lawyer in the Library	04 9 & 11 am Autumn Pre-K Storytime 9:30 am Yoga for You! 10-5 Craft Supply Swap Drop-off	05 10-2 pm Craft Supply Swap
Library Food Drive						

Black= Children's Library Activities Black Italicized= Teen Activities Bold Black= Adult/All Ages Activities

BIG PROGRAMS

Holiday Craft Fair Vendor Search (October 31 deadline or until registration is full)

We've planned a Craft Fair for Saturday, November 30 (10-5 pm) and we're looking for vendors!

- Booth fee is \$20 for at least a 6ft table space- due on the event day
- Register here: cdalibrary.org/library-events/vendor-24 or pick up a paper registration form from the Library Circulation Desk.
- This event is intended only for regionally produced handmade products and not for the resale of manufactured products or other commercial services.

Library Food Drive - All of September

Bring an item and be entered into a special raffle drawing! Help us celebrate National Food Bank Day by giving back to the community! Did you know that 1 in 10 people and 1 in 7 children in Kootenai County live with food insecurity? For the month of September, the library will be accepting non-perishable food donations and hygienic items to help feed and care for those in our community experiencing poverty and food insecurity. Preferred foods include canned goods, boxed dinners, peanut butter, dry cereal, and canned meat. Toothbrushes, toilet paper, sanitary products, and other hygienic items will also be accepted. Stop by the front desk when you make your donation to receive your raffle ticket. This event is run in partnership with the Community Action Partnership, which works with communities in North Idaho to help families exit poverty.

North Idaho Job and Resource Fair (Ages 18+)- Tuesday, September 24 (1-4 pm)

Join us on September 24th for North Idaho's Job and Resource Fair at the Coeur D'Alene Library from 1:00 PM to 4:00 PM. Step into a world of opportunities where top employers are eager to meet you, and dive into our workforce resources while enjoying complimentary pastries and coffee. Receive on-the-spot resume assistance and win fun prizes. Don't miss this chance—bring your resume and come ready to land your dream job. Let's get you hired!

Craft Supply Swap - Saturday, October 5 (10-2 pm)

Got a storage closet brimming with old craft materials? Changed your mind about embroidery? That yarn not as appealing as it was a decade ago? Join us for the craft swap!

October 3 & 4 (10-5 pm) - Drop off clean, gently used craft supplies at the library in the Jameson Room. If you need a different drop-off time, contact us at 208-769-2315 ext.410 or adultprogramming@cdalibrary.org. For each bag of supplies you bring, you'll get a ticket for Swap Day on October 5. At the event, use your tickets to fill a provided bag with new-to-you craft supplies from 10-12 pm! If you don't have items to swap but still want supplies, come between 12-2 pm and pay a suggested \$2 donation for a bag to fill.

ALL AGES PROGRAMS

Ukulele Club (All Ages) - 2nd Saturday, September 14 (3-4:30 pm)

Want to play ukulele with others? Join local ukulele enthusiast, Brittany Clapp-Abdella, for a monthly community Ukulele Club. Learn to play the ukulele or just join the ukulele jam session. Find us in the Community Room from 3-4 pm and learn basic skills at that time, such as tuning your strings, chord positions, strumming patterns, etc. From 4pm on, the gathering will become a ukulele jam session, where you can improvise or share a song you're writing or learning. At this time, you must bring your own ukulele. If you don't have one, but you would still like to participate, please contact Angela Flock at aflock@cdalibrary.org

Caturday Puzzle Race (Ages 8+) - Saturday, September 28 (2-4 pm)

REGISTRATION IS REQUIRED - Sign-up at the front desk beginning September 18

Join us for a purr-fectly delightful event: the Caturday Puzzle Race! Whether you're a feline fanatic or just love a good puzzle, this event is designed for you. Create a team of up to five participants and sign-up in-person at the front desk of the library, starting September 18. Only 8 teams are possible. On September 28, in the Community Room, the teams will race to complete a 750-piece cat-themed jigsaw puzzle as quickly as possible.

Each team gets to keep the puzzle they complete. The first team to complete their puzzle will also receive a grand prize with other puzzles, cat care products, and puzzle-making tools. But the real reward is the camaraderie and fun shared with fellow puzzle enthusiasts and cat lovers. So gather your friends, sharpen your minds, and get ready for a Caturday filled with fun!

ADULT/ALL AGES WEEKLY PROGRAMS

Yoga for You! (Ages 18+) - Mondays and Fridays (9:30 am)

Join us for this Yoga program for adults. This blend of stretching, strengthening and balance work, along with relaxation, may be just what you're looking for. Come enjoy the many benefits of this ancient practice! Your instructor, Gerry Bryak, will adapt poses to your needs so this yoga is truly for YOU! All levels are welcome, from beginners to experienced. Please bring a mat to class. Starting on September 6th, Yoga for You will be every Monday AND Friday at 9:30. Find us in the Community Room.

Tai Chi & Qi Gong (Ages 18+) - Mind Body Movement- Tuesdays (10 am)

Improve strength, balance, coordination, focus, breathwork and relaxation, all while exploring different movements from Tai Chi and Qi Gong styles. All movements can be done within your own comfort zone and mobility level. No special equipment or clothing needed, wear what is comfortable for you. Avoid wearing flip flops or slides. Chairs will be available for those that need to sit or use for extra balance. This program is for anyone at any age and any ability level. Your instructor Christine brings over 25 years of experience in teaching and sharing Tai Chi and Qi Gong. Find us in the Community Room. While everyone is always welcome at the Library, this event is intended for adults and the instruction is designed for an adult audience.

Stronger in Body & Mind (Ages 16+) - Wednesdays September 4, 11, and 18 (10 am)

Low-impact fitness & strength training class for all levels of strength. Feel stronger, fitter, refreshed and more focused! Jeannette, a trainer with over a decade of experience, will guide you to work at your own personal level, with modifications as needed. Whole body workout, using dumbbells, body weights, and simple resistance training. We'll add a bit of cardio, flexibility and finish with a guided mindfulness practice. For any questions email Jeannette at StrongerBodyMind@gmail.com

*It is recommended to please bring a pair of light weights/dumbbells, a mat and a bottle of water!

Community Sew-In (All-Ages)- Thursdays (12-3 pm)

Join us in our weekly sewing sessions! Are you working on a quilting project and want to connect with fellow enthusiasts? Come along and socialize, ask for advice, or whatever else you might need. Don't forget to bring your sewing machine (or your hand-sewing materials), your fabric, your extension cord, and your enthusiasm for sewing! Meet us in the Community Room and let's get creative.

All ages are welcome for this program, there is no instruction provided.

ADULT/ALL AGES PROGRAMMING

Japanese 101: Katakana (Ages 11+) - Wednesday, September 4 & 25 (4-5:15 pm)

Do you enjoy anime, manga, or Japanese video games? Have you always wanted to learn Japanese, but feel overwhelmed or don't know where to start? Join Gary and Meagan for Japanese 101, an ongoing bimonthly series that teaches the absolute basics of Japanese language learning. We will be learning how to read the three character sets (hiragana in August, katakana in September, and kanji in October). Along the way, Meagan will share fun facts about the Japanese language, while Gary shares about Japanese culture from his extensive background of 10 years living in Japan. There will also be short exercises, take-home practice sheets, and yummy Asian snacks! This program is appropriate for adults, teens, and tweens.

Lawyer in the Library (Ages 18+) - Thursday, September 5 and October 3 (4-6 pm)

REGISTER HERE: cdalibrary.org/library-events/lawyer/

The Library is partnering with the Idaho Volunteer Lawyers Program (IVLP) to provide resources for low-income individuals and families in Idaho who require civil legal services and cannot afford to pay for them. Although they are unable to assist with criminal issues or fee generating cases, these free legal clinics are an opportunity to receive advice and counseling from local attorneys who volunteer their time and expertise. Registration is required and must be done at least 24 hours before the clinic, every first Thursday of the month in the Gozzer Room.

Meditation for a Peaceful Mind (Ages 16+) - Saturday, September 7 (10:30 am)

Join us for an enlightening experience. Whether you're a seasoned practitioner or a curious beginner, this class will guide you through the principles and practices of meditation in a calm and supportive environment. Our instructor, Deb Vester, will lead you through various techniques aimed at reducing stress, enhancing mindfulness, improving focus, and promoting overall well-being. Find us in the Community Room.

ADULT/ALL AGES PROGRAMMING CONTINUED

Floral Impressions: Canvas Tote Craft (Ages 14+) - Saturday, September 7 (1-3 pm) No registration
Join us for a fun-filled afternoon exploring the unique art of flower pounding. Tataki-Zomé is the ancient Japanese art of dyeing by hammering flowers and plants onto fabric or paper. Design your tote bag using an assortment of fresh flowers and leaves, then, use hammers to transfer the natural pigments onto the fabric for a bag unique to you! We will meet in the Community Room and may be outside, weather permitting. Please feel free to bring any fresh flowers or greenery you would like to use or share!

Career Coaching with EWS-Idaho (Ages 18+)

EWS-Idaho connects people with training programs and jobs to help them succeed at any stage in life. EWS-Idaho and the CDA Library are partnering together to help make resources available to job seekers from all backgrounds, regardless of past work history or educational attainment. Whether new to the job market or ready to seek fresh opportunities, Equus Workforce Solutions-Idaho is here to help.

- **Work Force Wednesdays - Wednesday, September 4 (9-4 pm)** - Every first Wednesday of the month, a career coach will be available for drop-in appointments at the CDA Library, in the Nelson Room. We connect job seekers with employers, offer on-the-job training and job-shadowing, and provide tuition assistance for certifications. Enhance your resume, ace interviews, and join life skills workshops.
- **Job Skills Clinic - Monday, September 9 (1-2:30 pm)** - Join us at the CDA Library every second Monday in the Nelson Room (1:00-2:30 pm) for a monthly workshop that offers financial education, career support, and general knowledge to assist qualified individuals in succeeding in their careers and personal lives.

Scribbler's Society Writing Club (Ages 18+) - Mondays, September 9 & 23 (2 & 5 pm)

Join fellow writers for an hour of brainstorming, critiquing, and inspiration – in-person every 2nd and 4th Monday from 2-3 and 5-6 in the Gozzer Room. All skill levels and genres welcome. Geared toward adults. Please email Imoore@cdalibrary.org for more information.

Medicare Workshops (Ages 18+)

- **Wednesday, September 11 (3-4:30 pm)** - Join us for our quarterly session that focuses on an Introduction to Medicare 101 & 201. Senior Health Insurance Benefits Advisors (SHIBA) serves Idahoans on Medicare and those who help them by offering free, unbiased Medicare benefits information and assistance through workshops, group presentations and personal counseling.
- **Tuesday, September 17 (1:30-2:30 pm) - Medicare Annual Enrollment:** Why do Annual Plan Reviews & have a Medicare.gov account- Medicare Advantage & Prescription Drug Plans can change their premiums, coverage, network pharmacies and extra benefits each year. Reviewing your coverage during the annual enrollment period can help you be sure your coverage for next year is the one that will best suit your needs.

History Hour Lecture (All Ages)

In this monthly lecture series, join us in the Community Room at the Library for a special presentation with the Museum of North Idaho, featuring a local author or historian who will talk about Idaho's fascinating heritage. Find us in the Community Room.

- **Boat Racing on Lake Coeur d'Alene - Wednesday, September 11 (5:30 pm)** - Join local Hydromaniacs Steve Shepperd and Doug Miller as they discuss the history of the boat races on Lake Coeur d'Alene and the impact the races had on the community.
- **The Early Days of Coeur d'Alene - Thursday, September 26 (5:30 pm)** - Many practical issues were encountered when the first non-native people set up a permanent settlement at the outlet of Lake Coeur d'Alene nearly 150 years ago. Spring flooding, a sloping shoreline, and other natural features presented challenges to the settlers. Join author and historian John Wood, as he discusses how the settlers dealt with these problems to build along the shore of Lake Coeur d'Alene and what major structures were added and then replaced to create the waterfront we have today.

Sit-n-Stitch (Ages 12+)- Wednesday, September 18 (11 am)

New to crochet and knitting? Always wanted to learn? Want to come and craft with some friendly faces? Join us on the third Wednesday of every month for our crochet Sit-n-Stitch! Materials, patterns, and project help will be provided. All skill levels are welcome, feel free to bring your own handwork projects! You can find us this month in the Jameson Room.

ADULT/ALL AGES PROGRAMMING CONTINUED

Walking the Labyrinth (Ages 14+) - Saturday, September 21 (2-5 pm)

Come celebrate the Fall Equinox, a time for reflection, gratitude, and for celebrating the abundance in our lives with those around us with a special labyrinth walk. Our celebration will center around learning to walk a labyrinth, following a simple path which enables us to tune in to the rhythms of who we are.

Kristin Keyes, a certified labyrinth facilitator, will introduce you to walking a labyrinth, inviting you through movement, meditation and reflection to become attuned to the growth and changes that surround us as summer gives way to fall.

Medicare 101 - Tuesday, September 24 (5 pm)

Join us for an informative Medicare presentation and learn about what to expect when preparing for Medicare. The presentation will provide an overview of the Medicare program including the different parts of Medicare, what each part covers, and how they work together.

Pageturners Book Club (Ages 16+) - Wednesday, September 25 (10:15 am)

The Pageturners Book Club is discussing "An Immense World: How Animal Senses Reveal the Hidden Realms Around Us" by Ed Yong. In this title, Ed Yong coaxes us beyond the confines of our own senses, allowing us to perceive the skeins of scent, waves of electromagnetism, and pulses of pressure that surround us.

Pageturner discussions are lecture-based and open to any adult reader. Books are available for check out at the Reference Desk. For more information call or email JD Smithson, 208-769-2315 ext 455., communications@cdalibrary.org

Writers Immersion Workshop (Ages 14+) Saturdays (10:30 am)

Calling all writers, memoirists, and journal-keepers! This three-part Writers Immersion Workshop led by Kim E. Morgan will focus on the art of the humble journal. Journaling has long been proven to be an effective tool for organizing one's thoughts, managing stress, sparking creativity, and aiding in overall well-being. These sessions will focus on the key elements of writing and literary themes. Hands-on activities centered on journaling, writing meditations, and mini-lessons will help ignite your creative flow.

- **September 28** - Memoir: How Engaged Journaling Leads to Your Authentic Story
- **October 26** - Metastory: Journaling That Triggers Epiphany, Action, and Change
- **November 23** - 5 Advanced Journal Techniques To Finish Your Memoir

FOR TEENS

What to do when you're bored (for Teens)

Checkout a D&D Kit, play the library's Nintendo Switch for 2-hours, make a pinback button, or checkout a LOT board game or thing.

In a Teen Zone Minute (Ages 12+) - Tuesdays, September 17, 24 & October 1 (released by 4 pm)

Watch or listen to a brief virtual update from our Teen Librarian about teen events, library services, volunteer opportunities, and more on TikTok (@cdalibrary) or on Substack: cdateenzone.substack.com (in podcast or video format).

Teen Volunteer Meetups (Ages 12-19) - Tuesday, Thursday, Friday, September 24, 26, 27 (4-5 pm)

Are you a teen who wants to make a difference? Join us for our series of meetups with me—Angela Flock, the Teen Librarian! Come to whatever time works best for you. (Or attend all three!) These meetups are a great opportunity to learn about how you can volunteer your time, but they're also an opportunity for me to listen and get to know you and what you want teen events and services to look like. Volunteering can also build friendships and help you be active in your community; plus, it looks great on college applications and resumes! Snacks and refreshments will be provided. I hope I see you there!

Idaho Teen Reading Challenge (runs October 1 to April 30)

Read 8 books from 10 categories and win prizes! Get 1 prize book for every 4 books you read. Be eligible for a grand prize for reading all 8! (Prizes are specific to the Coeur d'Alene Public Library.) Pickup a Reading Journal (from the Teen Zone) for more information.

CHILDREN'S SPECIAL PROGRAMS

September Scavenger Hunt - Explore the children's library during the month of September by participating in a fun scavenger hunt. After tracking down hidden clues, you can turn in the completed activity sheet to receive a small prize!

Take & Make Crafts - While we take a break from regular programs, you can pick up a fun Take & Make craft to-go from the children's library!

CHILDREN'S WEEKLY PROGRAMS

Autumn Baby Story Time (Ages 0-18 mo) Tuesdays, September 17, 24 (9 & 11 am)

Settle into fall with a sweet storytime that's designed for caregivers to share quality time with their baby! We'll bounce, giggle, listen to flannel stories, sing catchy songs, and make silly actions that will bring a smile to your little one's face. Participants are encouraged to stick around afterward for playtime and adult conversation. Leave with ideas for new engaging ways to introduce developmental activities at home!

Autumn Toddler Story Time (Ages 18 mo-3 yo) Thursdays September 19, 26 (9 & 11 am)

Bring your toddler to the library for some fall themed fun! Of course, we'll read great stories, but there will also be plenty of singing, dancing, and silly moves to keep youngsters busy. All of the activities are intended to delight and emphasize early learning concepts. After storytime, you're invited to stay for unstructured playtime filled with creative opportunities and fun toys.

Autumn Pre-School Story Time (Ages 3-5 yo) Fridays September 20, 27 (9 & 11 am)

Fall is a great time to introduce preschoolers to the fun of group activities such as storytime at the library! You can expect entertaining stories that nurture your child's imagination along with fun activities that fuel their curiosity and build literacy skills. In addition to offering plenty of music and movement, this storytime always ends with an exciting, crowd-pleasing craft.

From Books to Bricks (ages 6-12) - Tuesdays, September 17, 24 & October 1 (4-5 pm)

Bring your creative ideas and building skills to the library for this LEGO program! Each week, the library will share a favorite book that's chosen to inspire a LEGO building challenge, then participants will have the rest of the hour to create a masterpiece. One noteworthy creation will be chosen at the end of each program to feature in the library's glass display case for the community to admire throughout the week.

CHILDREN'S SPECIAL PROGRAMS

Stuffed Sleepover at the Library (All Ages) - Friday, September 20 through Saturday, September 21

Drop off your special stuffed animal at the library on Friday, September 20th any time before 7pm to enjoy a special slumber party with the librarians! Kids will be required to fill out a permission slip and questionnaire with their stuffie's name, description, dislikes, preferences, and contact information. On Saturday, you can pick up your fluffy friend any time before 5pm. Don't worry... we'll keep them very busy, so they don't get homesick. We'll also help them make a keepsake to remember their first night away from home. Of course, plenty of photos will be taken so you can see what your stuffed animal was up to all night!

Pajama Storytime (All Ages) - Friday, September 20 (6 pm)

If you'd like a last cuddle with your stuffie before the sleepover, then plan your drop-off at 6pm, so that you're here for a special storytime. Come in your snuggliest sleepwear to enjoy books, rhymes, and songs designed to be the perfect parting activity before saying goodnight to your stuffed animal.

Paws to Read (All Ages) - Mondays, September 9 (10:30-12 pm) & September 23 (3:30-5 pm)

Bring your young reader to the children's library to read to a real, live therapy dog. This is the perfect program for children who are working on building their reading confidence or who love sharing books with a furry friend. These dogs love to hear stories and are ready to help you become the best reader you can be!

Saturday with the Symphony: A Children's Program (Ages 3+yo) - September 21 (11 am)

Saturday with the Symphony is a free music education program, coordinated by the Coeur d'Alene Symphony Orchestra, and recurs the third Saturday of each month. The music-filled hour typically includes a fun musical performance, an interactive activity and a book reading by the children's librarian. Past musical performances have included traditional classical music, jazz, pop and world music.

National Park Explorers: Yellowstone (ages 6-12) - Thursday, September 12 (1-2 pm and 4-5 pm)

A program where science meets adventure! Join us on the second Thursday of each month to explore the natural beauty, history, wildlife, and geological wonders of America's National Parks. Each month will highlight a different park's unique features, and we'll conduct a hands-on experiment designed to explore the science behind them. This month we'll learn about Yellowstone National Park and its amazing geysers!

American Girl of the Month Club: Kaya (ages 6-12) - Thursday, September 19 (1-2 pm and 4-5 pm)

Join us on the third Thursday of every month to celebrate the diverse culture of the United States! Each month will feature one of American Girl's historical dolls, and include fun activities that are inspired by her era and heritage. The September program will spotlight a Native American character from 1764 named Kaya, who is a member of the Nimiipuu, or Nez Perce tribe. Kaya's story reflects her love for the outdoors, horses, family, and desire to become a strong and courageous leader of her people.