

THE PAGE TURNER

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March 2024

Read*Move
Create*Learn

Black= Children's Library Activities

Black Italicized= Teen Activities

Black= Adult/All Ages Activities

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|--|--|--|--|---|
| 03 | 04 9:30 am Yoga for You! 10 am All Abilities Story Time | 05 9 & 11 am Winter Baby Story Time 10 am Tai Chi - Qi Gong 4 pm STEAM is in the Forecast! 4 pm <i>Classic BookTok</i> | 06 10 am Stronger in Body & Mind 3 pm Medicare Workshop | 07 9 & 11 am Winter Toddler Story Time 12-3 pm Sew-In 4 pm Lawyer in the Library 4 pm STEAM is in the Forecast! 4 pm <i>Creative Arts Club</i> | 08 9 & 11 am Winter Pre-School Story Time 10 am Memory Café 4 pm Mindful Doodling 4 pm <i>Gamers' Guild</i> | 09 10:30 am Beginning Birding 1 pm Beginning Felting |
| 10 3-5 pm Model Boot-camp | 11 9:30 am Yoga for You! 10 am All Abilities Story Time 10:30 am PAWS to Read 2 & 5 pm Scribbler's Society Writing Club | 12 9 & 11 am Winter Baby Story Time 10 am Tai Chi & Qi Gong 4 pm STEAM is in the Forecast! 4 pm <i>Classic BookTok</i> | 13 10 am Stronger in Body & Mind 5:30 pm History Hour Lecture | 14 9 & 11 am Winter Toddler Story Time 12-3 pm Community Sew-In 4 pm <i>Creative Arts Club</i> 4 pm STEAM is in the Forecast! | 15 9 & 11 am Winter Pre-School Story Time 4 pm <i>Gamers' Guild</i> | 16 11 am Saturday with the Symphony 1 pm Idaho Battle of the Books |
| 17 1 pm St. Patrick's Day Celebration | 18 9:30 am Yoga for You! | 19 10 am Tai Chi & Qi Gong 1:30 pm Medicare Workshop 4 pm <i>Classic BookTok</i> | 20 10 am Stronger in Body & Mind 11 am Sit-n-Stitch | 21 12-3 pm Community Sew-In 4 pm Feng Shui 4 pm <i>Creative Arts Club</i> | 22 4 pm <i>Gamers' Guild</i> 5 pm CDA Fashion Week-Fashion Show | 23 10:30 am Writer's Immersion Workshop 2 pm <i>Honey, I Shrunk My Keychain</i> |
| Pick up a Take & Make Craft in the Children's Library | | | | | | |
| 24 | 25 9:30 am Yoga for You! 3:30 pm PAWS to Read 2 & 5 pm Scribbler's Society Writing Club | 26 10 am Tai Chi & Qi Gong 10:30 am Friends of the Library Meeting 2 pm Kids Movie at the Library 5 pm Nutrition Made Simple | 27 10:15 am Pageturners Book Club 12-3 pm Community Sew-In | 28 1-3 pm Bricks & Blocks Over Break | 29 1 pm Paper Bug Taxidermy | 30 |
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All-Ages Programming

35th Annual Julie Meier Writer's Competition - ALL AGES!

The Writer's Competition at the Coeur d'Alene Public Library is one of the oldest and most prestigious contests of its kind in the Inland Northwest. In 1987, Library Director Julie Meier perceived the need to discover and recognize talented writers in our regional community and to challenge young people and adults to take an interest in writing and to hone their skills. Another goal of the Writer's Competition is to reveal great authors living in our midst.

**Julie
Meier
Writer's
Competition**

Cash Prizes

Prizes have been funded by the Friends of the Coeur d'Alene Public Library for several years. The prizes are as follows: First - \$100, Second - \$50, Third - \$25 for fiction and non-fiction in each age category. In case of ties, full duplicate prizes will be awarded

Volunteer Opportunity

The Writer's Competition is judged by a group of volunteers composed of writers, educators and professionals working in North Idaho and Spokane. If you feel you are qualified to act as a judge, please contact Communications Coordinator JD Smithson here: communications@cdalibrary.org.

Entry

- Pick up a paper form from the Circulation Desk at the Library or download a form from the website here: cdalibrary.org/events/writers-competition
- Email the form and submission to communications@cdalibrary.org or submit both paper form and submission to the Circulation Desk
- Requests for mailed forms must be accompanied by a self-addressed, stamped envelope
- Entries must be submitted to the Library (or by email) by March 31

Come celebrate St. Patrick's Day at the library! (All-Ages) - Sunday March 17 (1 pm)

The CDA Library is going Irish! Join us on St. Patrick's Day for a family friendly celebration of Irish culture and history. Local band Arvid Lundin & Deep Roots will kick off the party with traditional Irish folk music and a bit of Irish history. Enjoy a wee taste of the Irish and test your knowledge on all things Irish by participating in Irish trivia for a chance to win prizes and bragging rights!

Emerging Designer Show – Friday, March 22 (5 pm)

Step into the world of fashion at CDA Fashion Week's Emerging Designer's showcase! Immerse yourself in the creativity of local designers from Idaho as they unveil their latest collections. This event welcomes all ages, encouraging everyone to "Dress to Impress" for an evening filled with a red-carpet experience and countless photo opportunities. Join us for a night of style and inspiration! Doors open at 4:15 and the show will start at 5 pm.

REGISTER HERE: cdalibrary.org/library-events/fashion-week

Social Work Month Book Drive – March 1 to March 31

Have you been spring cleaning? Do you have extra books that you want to have a good home? Help a local group of Social Work students fill the Little Free Libraries in our area by donating your gently used books. (Little Free Libraries in towns with closed libraries will be the biggest benefactors of your generous donations.) We're one of 10 drop-off locations throughout the region. (In partnership with Boise State University.)

Reading Challenges

Idaho Teen Reading Challenge (until April 30)

Join the Challenge: Read 8 Books Across 10 Categories and Win Prizes! Are you up for a challenge? Then read on! For every 4 books you finish, you'll earn a prize book. If you complete all 8, you'll be eligible for the grand prize! (Prizes are exclusive to the Coeur d'Alene Public Library.) The reading journal, available at the Teen Zone, provides more information, or you can visit cdateenzone.weebly.com/books/itrc-23-24. This statewide challenge, organized by ICfL, is tailored to teenagers between the ages of 12 and 19.

Kids Winter Reading Bingo (Ages 3-12)

February 1 through March 15

Expand your reading repertoire during the month of February by participating in a Winter Reading Challenge. Pick up a bingo card from the children's library, and let the reading begin! When you've completed an entire row of challenges to get a bingo... bring back your card to receive a prize, and to be entered into a grand prize drawing.



Weekly Adult Programming

Yoga for You! - Mondays (9:30 am)

Join us for this Yoga program for adults. This blend of stretching, strengthening and balance work, along with relaxation, may be just what you're looking for. Come enjoy the many benefits of this ancient practice! Your instructor, Gerry Bryak, will adapt poses to your needs so this yoga is truly for YOU! All levels are welcome, from beginners to experienced. Please bring a mat to class.

Tai Chi & Qi Gong - Mind Body Movement Tuesdays (10 am)

Improve strength, balance, coordination, focus, breathwork and relaxation, all while exploring different movements from Tai Chi and Qi Gong styles. All movements can be done within your own comfort zone and mobility level. No special equipment or clothing needed, wear what is comfortable for you. Avoid wearing flip flops or slides. Chairs will be available for those that need to sit or use for extra balance. This program is for anyone at any age and any ability level. Your instructor Christine brings over 25 years of experience in teaching and sharing Tai Chi and Qi Gong.

Scribbler's Society Writing Club - March 11 & 25 (2 & 5 pm)

Join fellow writers for an hour of brainstorming, critiquing, and inspiration — in-person every 2nd and 4th Monday from 2-3 and 5-6 in the Gozzer Room. All skill levels and genres welcome. Geared toward adults. If you are interested in joining our email list, please email Imoore@cdalibrary.org

Stronger in Body & Mind - Wednesdays, March 6, 13, and 20 (10 am)

Low-impact fitness & strength training class for all ages. Feel stronger, fitter, refreshed and more focused! Jeannette, a trainer with over a decade of experience, will guide you to work at your own personal level, with modifications as needed. Whole body workout, using dumbbells, body weights, and simple resistance training. We'll add a bit of cardio, flexibility and finish with a guided mindfulness practice. For any questions email Jeannette at StrongerBodyMind@gmail.com

*It is recommended to please bring a pair of light weights/dumbbells, a mat and a bottle of water!

Community Sew-In - Thursdays March 7, 14, 21 & Wednesday March 28 (12-3 pm)

Join us in our weekly sewing sessions! Are you working on a quilting project and want to connect with fellow enthusiasts? Come along and socialize, ask for advice, or whatever else you might need. Don't forget to bring your sewing machine (or your hand-sewing materials), your fabric, your extension cord, and your enthusiasm for sewing!

Adult Programming

Lawyer in the Library- Thursday, March 7 (4-6 pm)

The Library is partnering with the Idaho Volunteer Lawyers Program (IVLP) to provide resources for low-income individuals and families in Idaho who require civil legal services and cannot afford to pay for them. Registration is required and must be done at least 24 hours before the clinic, every first Thursday of the month in the Gozzer Room. **REGISTER HERE:** cdalibrary.org/library-events/lawyer/

Medicare Workshops

SHIBA is presenting a series of senior health workshops at the library. Join us for any of the series. Senior Health Insurance Benefits Advisors (SHIBA) serves Idahoans on Medicare and those who help them by offering free, unbiased Medicare benefits information and assistance through workshops, group presentations and personal counseling. SHIBA is Idaho's provider for the federal network of State Health Insurance Assistance Programs (SHIPs). The program is partially funded by and operated under the authority of the U.S. Department of Health and Human Services Administration for Community Living (ACL).

Wednesday, March 6 (3-4:30pm) - Quarterly Workshops - Introduction to Medicare 101 & 201

Tuesday, March 19 (1:30-2:30) - Medicare Basics- Learn about the basic parts of Medicare and the basic choices for coverage. This will help you gain a basic understanding of Medicare & getting started

Memory Café - Friday, March 8 (10 am)

At a Memory Cafe, persons living with Alzheimer's or other dementias and their loved ones enjoy socializing or engaging activities in a relaxed setting. Families and friends meet and socialize in an environment that is accepting and non-judgmental. They will meet every 2nd Friday of the month from 10:00-11:30am in the Community Room.

Beginning Birding— Saturday, March 2 & 9 (10:30-12:30 pm)

REGISTRATION FOR THIS EVENT HAS CLOSED





Adult Programming

Mindful Doodling (Ages 12+) – Friday, March 8 (4-5 pm)

De-stress after a long week with our Mindful Doodling hour. Mindful Doodling is a self-directed art program in which we will relax with light music, tea, and hot chocolate while doodling beautiful patterns on tiles following the ZenTangle © Method. The first 15 minutes of the program will be spent following an instructional video on how to make a special ZenTangle creation using special ink and tools, followed by “freestyle” doodling for the rest of the hour (directions and materials to freestyle with will be provided).

Beginning Needle Felting (Ages 16+) – Saturday, March 9 (1-4 pm)

Have you been curious about needle felting but don't know where to start? Join us in the Community Room where local artist Diane Balbi will teach us basic needle felting techniques using barbed needles to transform wool into 3D objects. All supplies to create your very own tiny bear and bird will be provided.

REGISTRATION REQUIRED: cdalibrary.org/library-events/beginning-needle-felting

History Hour Lecture - Wednesday, March 13 (5:30 pm)

Cougar Bay Nature Preserve: Saving Coeur d'Alene's Natural Gem - Join local author Theresa Shaffer as she discusses her new book *Cougar Bay Nature Preserve: Saving Coeur d'Alene's Natural Gem*. This lecture will cover the history of Cougar Bay, followed by the 13-year battle to keep it from being developed. Remarkably, most of Cougar Bay's shore was preserved as public land by an improbable combination of determined local activists, a Hawaiian developer, a cantankerous Cougar Bay landowner, Kootenai County, the Bureau of Land Management (BLM), Crown Pacific Lumber Company and The Nature Conservancy (TNC).

Sit-n-Stitch (Ages 12+) – Wednesday, March 20 (11 am)

New to crochet and knitting? Always wanted to learn? Want to come and craft with some friendly faces? Join us on the third Wednesday of every month for our crochet Sit-n-Stitch! Materials, patterns, and project help will be provided. All skill levels are welcome, feel free to bring your own handwork projects! You can find us this month in the Jameson Room.

Feng Shui – Thursday, March 21 (4 pm)

Learn how to use Feng Shui principles to help create optimal health in all aspects of your life.

In this monthly series, learn from certified Feng Shui consultant Jan Rednall how Feng Shui techniques can help you achieve wellbeing and find balance in different aspects of your life. By manipulating your environment using ancient Feng Shui principles, you can balance and harmonize the energy flow in a space to help improve your wellbeing. Every third Thursday of the month, we will meet in the Community Room.

Writers Immersion Workshop - Saturday, March 23rd (10:30-12:30 pm)

The Archetypal Artist: 7 Mythic Structures for Any Genre - This three-part series taught by Kim E. Morgan is focused on key elements of literary themes. The study of personal mythology deepens narrative storytelling and more. Hands-on group activities centered on journaling and mini lessons guide you in developing your craft and sparking your inspiration.

Nutrition Made Simple with Dr. Zeb – Tuesday, March 26 (5 pm)

Join us in the Community Room with local chiropractor Dr. Zebediah Smith as he breaks down the basic principles of nutrition and healing disease. Through his own personal healing journey, Dr. Zeb has learned three key principles to assist in reversing disease, maintaining a healthy weight, and improving energy levels and overall health. Finding your path to healing doesn't have to require following a plan, keeping a food journal, or earning a degree in nutrition. Learn how to feel your best! This event is intended for an adult audience.

Pageturners Bookclub – Wednesday, March 27 (10:15 am)

The Pageturners Book Club is discussing “The Hurting Kind” by Ada Limón.

“The Hurting Kind” is an astonishing collection about interconnectedness—between the human and nonhuman, ancestors and ourselves—from National Book Critics Circle Award winner, National Book Award finalist and U.S. Poet Laureate Ada Limón. Pageturner discussions are lecture-based and open to any adult reader. Books are available for check out at the the Reference Desk. For more information call or email JD Smithson, 208-769-2315 ext 455., communications@cdalibrary.org

Paper Bug Taxidermy (Ages 13+) – Friday, March 29 (1 pm)

REGISTRATION REQUIRED: cdalibrary.org/library-events/paper-bug-taxidermy

Paper bug taxidermy is a unique and creative art form that involves arranging precut pieces of paper to create stylistic insect replicas. Bring some color into your home by creating a whimsical plaque of paper bugs or magnets to brighten up your spring!

Children's Weekly Programs

Winter Baby Story Time (0-18 mo) - Tuesdays, March 5, 12 (9 & 11 am)

Warm up this winter with a cozy storytime that's designed for caregivers to share quality time with their baby! We'll bounce, giggle, listen to flannel stories, sing catchy songs, and make silly actions that will bring a smile to your little one's face. Participants are encouraged to stick around afterward for playtime and adult conversation. You might even leave with ideas for new engaging ways to introduce developmental activities at home!

Winter Toddler Story Time (18 mo-3 yo) - Thursdays, March 7, 14 (9 & 11 am)

Bring your toddler to the library for some winter fun! Of course, we'll read great stories, but there will also be plenty of singing, dancing, and silly moves to keep youngsters busy. All the activities are intended to delight and emphasize early learning concepts. After storytime, you're invited to stay for unstructured playtime filled with creative opportunities and fun toys.

Winter Pre-School Story Time (3-5 yo) - Fridays, March 8, 15 (9 & 11 am)

Winter is a great time to introduce preschoolers to the fun of group activities such as storytime at the library! You can expect entertaining stories that nurture your child's imagination along with fun activities that fuel their curiosity and build literacy skills. In addition to offering plenty of music and movement, this storytime always ends with an exciting, crowd-pleasing craft.

Children's Special Programs

STEAM is in the Forecast! (Ages 6-12) – Tues, March 5, 12 and Thurs, March 7, 14 (4-5 pm)

Celebrate the month that comes in like a lion and out like a lamb with artsy, weather-based science experiments. Just like the crazy weather in March, our fun projects will range from blizzards and tornados to sunshine and rainbows!

Kids Winter Reading Bingo (Ages 3-12) - Through March 15

Expand your reading repertoire during the month of February by participating in a Winter Reading Challenge. Pick up a bingo card from the children's library, and let the reading begin! When you've completed an entire row of challenges to get a bingo... bring back your card to receive a prize, and to be entered into a grand prize drawing.

Paws to Read (All Ages) – Mondays, March 11 (10:30-12 pm) and March 25 (4-5:30 pm)

Bring your young reader to the children's library to read to a real, live therapy dog. This is the perfect program for children who are working on building their reading confidence or who love sharing books with a furry friend. These dogs love to hear stories and are ready to help you become the best reader you can be!

Saturday with the Symphony: A Children's Program (3+yo) – Saturday, March 16 (11 am)

Children 3 and older can enjoy "Saturday with the Symphony" from 11-11:45 a.m. Saturday, at the Coeur d'Alene Public Library. The free music education program is coordinated by the Coeur d'Alene Symphony Orchestra and recurs the third Saturday of each month. The music-filled hour typically includes a fun musical performance, an interactive activity and a book reading by the children's librarian. Past musical performances have included traditional classical music, jazz, pop and world music. Come for a lively morning of musical enrichment.

All Abilities Story Time (Ages 3-8) - Mondays, March 4 & 11 (10 am)

Join Miss Mandi for a story time designed for kids with sensory and adaptive needs and their caregivers. Designed to be welcoming to neurodivergence and disability, All Abilities Story Time uses a visual schedule. We will enjoy stories, music, movement, play, and sensory activities. Any child is welcome at this story time; stories and activities are typically at a preschool level. There will be noise-blocking headphones, weighted stuffed animals, and other sensory tools. Story time will be followed by an activity time, with all transitions announced.

What to expect during this story time: Attendees do not need to sit during the program. Children can feel free to stand or move around during the program as long as they are safe for themselves and others. Children can participate with their voices in any way they like to. Attendees are welcome to arrive late, leave early, and leave the story time room any time they need a break. Attendees can enjoy other activities of their choosing while listening to Miss Mandi read. The same schedule will be used each week, so attendees will know what to expect. If you would like a copy of the visual schedule ahead of time or if you have any questions, please email showard@cdalibrary.org



Children's Programming Continued

Kids Movie at the Library (rated PG)– Tuesday, March 26 (2 pm)

Join us for an animated movie on the big screen in the Community Room. We'll be watching *Cloudy With a Chance of Meatballs* while eating popcorn! This funny children's book adaptation is about an inventor and a weather-reporter who try to discover why the sky is raining food instead of water. It's rated PG and has a runtime of 89 minutes.

Bricks & Blocks Over Break– Thursday, March 28 (1-3pm)

Need something to do during Spring Break? Come to the library to play with our collection of LEGO and Big Blue Blocks! We're going to set out bins and bins of LEGO bricks and oodles of giant building blocks for kids to create whatever they'd like during this nonstructured play opportunity in the children's library.

Scavenger Hunt

Explore the children's library during the month of March by participating in a fun search! After using clues to find sneaky leprechauns, you can turn in the completed activity sheet to receive a small prize!

Take & Make Crafts

While we take a break from regular programs, you can pick up a fun spring-themed Take & Make craft to-go from the children's library! They will be available during the weeks of March 18 and March 25, while supplies last.

Teen Weekly Programs

Weekly teen programming is taking a break from March 24 to April 15.

#ClassicBookTok – Tuesdays (released by 4 pm) - On TikTok, Facebook, and YouTube

Hear a selection from one of our YA Classics. Find out if it's available as a Digital Book Club title. Use the accompanying #ClassicBookTok guide (in CDA Library's copy only) to create a classic book club with your friends!

Creative Arts Club – Thursdays (4-5 pm) - In the Teen Zone

Make art—and friends! Explore your creative, crafty, artistic side, and get help when you're struggling creatively. We'll have art and crochet supplies available to inspire your creations, or you can bring a project from home!

Gamers' Guild – Fridays (4-5:30 pm) - In the Teen Zone

Play games together! Hangout with other local teens while playing games like League of Legends, chess, UNO, the Library's Nintendo Switch games, board games from our Library of Things, or bring your own game to play!

Special Teen Programs

"Honey, I Shrunk my Keychain" event - Saturday, March 23 (2-3:30 pm)

Watch the late-80's classic, "Honey, I Shrunk the Kids" (PG)--on the Community Room's large, movie-theater-sized screen-- while designing shrinkidink keychains. This event is designed for patrons ages 9 and older.

Other Programs Teens are Invited to

Model Boot Camp (Ages 13+) – Sundays, March 10 (3-5 pm)

The Library is having a fashion show! Are you curious about modeling but don't know where to start? Join the CDA Fashion Week team for lessons in walking and posing in preparation for our Emerging Designer Fashion Show on Friday, March 22 (5 pm). Learn how to walk in heels, perfect your runway walk, and enhance your posing skills. All experience levels are welcome, ages 13 and up. Please wear something neutral and form-fitting, flat and comfortable shoes, and a pair of heels if you wish.

Knotty Plant Party - Saturday, April 6 (12 pm)

Come join fellow plant lovers for an afternoon of plant talk and crafting! Bring any cuttings or houseplants you would like to swap and stay for a lesson in beginning macrame. Learn how to use simple knotting techniques to create useful and beautiful art out of cord and rope. We will be making mini plant holders; all supplies are included!

